

THURSDAY 29 JULY 2021

OPENING ARENA 'S

	MAIN ARENA	WARMING UP ARENA	FREE TRAINING	INDOOR
08H00-09H00	OPEN TRAINING	OPEN TRAINING	OPEN	LUNGING 09H00-13H00
09H30-18H15	COMPETITION	COMPETITION	OPEN	
18H15-19H30	OPEN TRAINING	OPEN TRAINING	OPEN	